



Flu Pandemic Contingency Planning

In the event of a flu pandemic in Belgium, the school will take advice from the Health Authorities with regard to the closure of the school as a strategy to minimise the risk of the spread of infection. We are in regular contact with our school doctor, and he will continue to keep us informed of the recommendations from the World Health Organisation. He will also keep us up to date with the latest information regarding vaccines and treatments.

At St Paul's British Primary school we are committed to promoting and maintaining the good health and wellbeing of all children and staff and therefore request parents to adhere to the following guidelines to prevent the spread of infection.

Please keep your child/children at home if they develop any of the symptoms below and contact your Doctor via the telephone for advice as anti-viral medication may be prescribed if the H1N1 virus is suspected.

Signs and symptoms

- High temperature - 38 degrees Celsius or above
- Cough and/or respiratory difficulties
- Sore throat
- Sneezing or runny nose
- Lethargy or general malaise
- Aching muscles

The virus is transmitted from person to person via droplet infection from coughing and sneezing. It may also be spread by direct hand contact and touching contaminated surfaces. To prevent the spread of infection in school we encourage good hand washing practices and ensure children wash and dry their hands thoroughly after going to the toilet and before eating or handling food. Tissues are provided for children to blow their noses and covered bins are available for their disposal.